



# Gym Floor Maintenance Tips

## Floor Maintenance

Sweep the floor daily with a properly treated dust mop. Remove heel marks using a floor cleaner, that is approved for gym floors, applied with a soft cloth or a dust mop. Talk with your sales consultant or check the chemical packaging to find if the product is approved for application. Protect the floor when moving heavy portable equipment. Do not use crowned or ridged wheels on your gym floor. During wet weather, check for water leaks around the doors and windows.

## Environmental Control

Make sure the heating / venting / air conditioning system is functioning properly. Maintain indoor relative humidity between 35-50% and air temperature between 55 and 75 degrees year round. Change your air filters quarterly to prevent unwanted particulates from entering the gym. Keep the floor dry and wipe up any moisture as soon as possible.

## Control Traffic

Place entrance mats anywhere people will be entering the gym from the outside. Clean mats once per week to eliminate dirt. Keep street / dress shoes off the gym floor as they can scratch and dull the finish. Do not allow food, drinks, or gum near the gym surface. Avoid high velocity impact activities such as floor hockey, baseball, or shot-put practice.

## Things to Avoid:

- Never use tape on the floor as the adhesive will compromise the integrity of the gym finish.
- Never soak your floor with heavy amounts of water.
- Never use cleaning chemicals that aren't approved by the gym floor finish manufacturer.
- Never use automated power scrubbing equipment for regular maintenance of your floor.

For more information about maintaining, refinishing, or replacing your gym floor, please contact your KSS sales consultant, call us at 800.638.4191, or request a consultation online at [kssenterprises.com](http://kssenterprises.com).

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